



01.jpg

Beautiful You
BEAUTIFUL YOU AESTHETICS

Your Premier Medical Spa, Specializing in Advanced Aesthetic Treatments

(806) 672-9929
www.beautifulyoutexas.com
222 S Bliss Ave | Dumas

Fillers
Weight Loss
Micro Needling
Esthetics
IV Therapy
Hormone Replacement
Laser Hair Removal
Tattoo Removal

02.jpg

HAPPY BIRTHDAY
To all of our members with May birthdays!

03.jpg

ADD WATER FOR INSTANT FUN.
Programs ▶ Swimming & Aquatics

04.jpg

Red Roof Inn

1525 S Dumas Ave, Dumas
(806) 556-4650

05.jpg

the **Y** YWCA

FOR HEALTHY LIVING
Improving the nation's health & well-being.

06.jpg

BEESON - MORRISON
- Funeral Directors -

Burial Services
Cremation Services

806-935-4646
www.morrisonfuneraldirectors.com
1015 S. Dumas Avenue

Proud to be locally & veteran owned!

People you know, service you trust

07.jpg

HOURS OF OPERATION

Mon - Fri 4:30am - 10:00pm
Saturday 7:00am - 7:00pm
Sunday 2:00pm - 5:00 pm

08.jpg

Stidham
INSURANCE AGENCY, INC.

Personal | Commercial | Agricultural

www.stidhamins.com
806-935-4191
200 E. First St.

09.jpg

CHILD WATCH HOURS

Mon-Fri
8:00-11:00 am
Mon-Thur
4:00-8:00 pm
Friday
4:00-7:00 pm



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15.jpg

GETTING BETTER EVERY DAY



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DESIGNS AND MORE

YOU IMAGINE IT, WE CREATE IT.

Digital Printing • Custom Graphics • Signs • Lettering and more

806-935-7518
608 S Dumas Ave • Dumas

19.jpg

the **Y**

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**LIFE IS BETTER
IN THE POOL**

YMCA OF MOORE COUNTY

20.jpg

Joe Rivera
Agency Manager

Ryan Farrow
Agent

806.935.5633

TEXAS FARM BUREAU INSURANCE®
AUTO / HOME / LIFE

21.jpg

CHILD WATCH HOURS

Mon-Fri
8:00-11:00 am

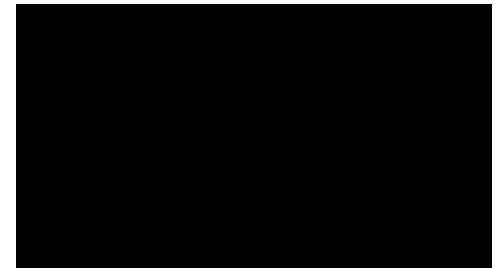
Mon-Thur
4:00-8:00 pm

Friday
4:00-7:00 pm

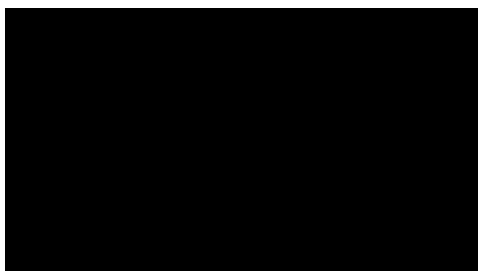
22.jpg

GETTING BETTER EVERY DAY

23.jpg



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For while bodily training is of some value,
godliness is of the value in every way, as it
holds promise for the present life
and also for the life to come.

1 Timothy 4:8

26.jpg

YMCA IS CLOSED
Sunday May 23rd and May 24th
in honor of Memorial Day

27.jpg

The Y is on Facebook!



Like us on Facebook

GARDEN CITY FAMILY YMCA

28.jpg

Purchase a bottle water for only \$1

BUY IT AT THE FRONT DESK TODAY!




29.jpg

TAYLOR TrueValue

START RIGHT. START HERE.®




Just Ask RENTAL

1615 Taylor Plz W • Garden City
800-865-5641



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Get your virtual membership going. This is a FREE service to all our members.

YMCA 360 has videos and many other great resources!




31.jpg

Get your FREE Eucalyptus spray and use in the Dry Sauna or Wet Steam Room.

A great way to get rid of the cold and flu!

GET YOUR OWN BOTTLE FOR \$5. REFILLS ARE \$2




32.jpg

Thank you to 

RANDY'S DONUT SHOP

for sponsoring our "Do NOT worry Wednesday's"

33.jpg





I can do all things through him who strengthens me.

Philippians 4:13

34.jpg

If you notice one of our monitors not working or would like to see Your AD Here please,

Call Us 815-872-5040







35.jpg





We believe that no act of kindness, no matter how small, is ever wasted.

GARDEN VALLEY RETIREMENT VILLAGE
(620) 275-9651 gvrhealth.com
1505 E. Spruce Street,
Garden City KS

36.jpg

the **Y** YMCA of Southwest Kansas

FOOD PROGRAM

**EVERY SATURDAY
1:30-3:30 PM**

Our Summer Food Service Program is back! We give out 5 days worth of suppers and snacks to every child 18 and under. This institution is an equal opportunity provider.

DROP-OFF LOCATION
Garden City Family YMCA
1224 Center Street, Garden City, KS

WHAT YOU NEED

- ▶ Your children
- ▶ Filled out application
- ▶ SFSP Tag
- ▶ Car - Recommended

For More Information: (620)-275-1199 (Manuel Terrazas/Crystal Erives) www.ymcaswkans.org



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MASSAGE CHAIRS EACH FOUND IN THE ADULT LOCKER ROOMS

the **Y**



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C BAR H FARM & HOME

1-800-794-0438 • 620-275-1417
3502 N Campus Dr • Garden City




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