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Bright Floors
104 Vine St, Macon, MO

We Specialize in all
Flooring and
Luxury Vinyl Plank
Installation!

660.626.6819

10.jpg

CHILD WATCH

FREE WITH YOUR
FAMILY MEMBERSHIP!

11.jpg

Childwatch Hours

MORNINGS
Monday - Thursday
9:00am - 11:00am

Evenings
Monday - Thursday
4:00pm - 7:00pm

Saturdays
No Child Watch On
Friday, Saturday & Sundays

12.jpg

EMPOWER
MORE THAN YOURSELF.

13.jpg

the **Y**

FAMILY TRANSFORMATION
LIFE-CHANGING
DIVERSITY BALANCE & FLEXIBILITY
GROWTH EXERCISE LIFESTYLE FUN
DISCIPLINE & STRENGTH JOY FRIENDSHIP LAUGHTER

14.jpg

FITNESS CLASSES

FREE TO
ALL MEMBERS!

15.jpg

May Scripture

Declare his glory among the nations,
his marvelous deeds among all peoples.

- 1 Chronicles 16:24

16.jpg

FIT OVER 50

MON. & WED.
11AM-11:50AM

the **Y**

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

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Harris
POWER SPORTS & RC

902 S Missouri St, Macon, MO 63552
(660) 395-6012

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HALL SEED & CHEMICAL LLC
 21201 Finch St, Callao, Mo
 Monday - Friday: 8am - 5pm
 Saturday & Sunday: By appointment
 hallseedchem.com
 660-768-5464

About Us:




The BEST Seed Treatment

28.jpg



New members receive a FREE fitness center orientation

29.jpg



PICKLEBALL OPEN COURT
 Monday & Wednesday
 7pm-9pm

30.jpg

Praying Hands Touching Hearts

- Chaplain Kelly Perry is here to pray for you!
- Send prayer requests to ymca@ymcamacon.org

31.jpg

Now partnering with RENEW ACTIVE

Bring your United Health Care/AARP Medicare supplement card to the front desk for membership benefits.

32.jpg

STRETCH & FLEX

Mon., Wed. & Fri.
 from 9am - 10am



33.jpg



THE BODY ACHIEVES WHAT THE MIND BELIEVES.

34.jpg

Low Impact Aerobics
 Tues/Thurs
 8am - 8:50am

Instructor:
Sandy Smith



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DO YOU QUALIFY FOR WIC?

WIC

503 N. Missouri
 660-395-4711 | mccomhealth.org



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New for Members
Digital experience
on mobile, tv or web.
YMCA360 APP



Download the app today!

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Fit & Fierce
T/Th at 9am
Instructor: **Carrie Harland**

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Call Us
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Together we will grow your business!

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