



01.jpg



02.jpg



03.jpg



04.jpg



05.jpg



06.jpg



07.jpg



08.jpg



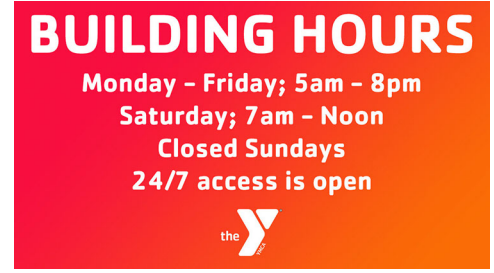
09.jpg



10.jpg



11.jpg



12.jpg



13.jpg



14.jpg



15.jpg



16.jpg



17.jpg



18.jpg



FOLLOW US ON
FACEBOOK
@Clinton Community YMCA

19.jpg





CLINTON CHIROPRACTIC CENTER
Creating Healthier Families
• Chiropractic •
Utilizing manual and instrumental adjusting.
• Dr. Stephanie Cluver
• Dr. Morgan Hickman
217.935.6555 • 211 S. Quincy St. • Clinton



20.jpg

Land Class Times

Visit the Welcome Center for an updated schedule of Land class times or visit our website, clintoncommymca.org

21.jpg



the Y

Our early morning lap swim begins at 5:00 a.m.

22.jpg



Kinder COMPANY

THANKING OUR LOYAL CUSTOMERS
Commercial & Residential Electrical Contractor

217-935-5178
308 S. SHERMAN ST. • CLINTON

23.jpg

If you notice one of our monitors not working or would like to see Your AD Here please.

Call Us
815-872-5040







24.jpg

YMCA STRONG KIDS CAMPAIGN

A Strong Community Starts with Strong Kids

FOR MORE INFORMATION CONTACT THE 'Y'




25.jpg

AQUACISE


Mon. Wed. & Fri.
9:00 - 10:00 am




26.jpg



We offer orientations in our wellness room and weight room. Make an appointment at the front desk.



27.jpg



Parent Child Swim Lessons

Wednesday Evenings
5:45-6:15pm
Saturday Mornings
10:00-10:30am



28.jpg



Attention Senior Members!!!

Silver Sneakers
AARP
Renew Active
Silver & Fit
Active & Fit



29.jpg



ZUMBA is back at our YMCA!!!

Tuesdays at 6:05pm
Saturdays at 8:15am



30.jpg

PETERSON
INSURANCE SERVICES, INC.
Serving you since 1966

217-935-6605
www.peterson.insurance

LIFE

117 West Main Street • Clinton

31.jpg

Our YMCA wellness room and weight room will be available to members 18 yrs old and older.

365 days a year,
24 hours a day.
A one-time fee of \$12 will get you access.

32.jpg

Our Annual Strong Kids Campaign is going on NOW!!

Thank you to everyone that donated to Strong Kids.

33.jpg

Do you have an infant through 3 yr old?

Ask about first class swim/tumbling at the front desk!

34.jpg

Stop by the Front Desk for a updated copy of the Fitness Classes we offer for both Land and Water.

35.jpg

Contact the Welcome Center for the next CPR class.

36.jpg



46.jpg



47.jpg